

Complete your Annual Physical and Earn your Well-Being Discount in 2027.

To qualify for the \$25 per month Credence Blue Cross and Blue Shield and Surest Well-Being Discount in 2027, complete your Health Assessment and Annual Physical (in-person or virtual) by July 31, 2026. If your spouse/domestic partner is also enrolled as of Jan. 1, they can earn an additional \$25 per month by completing their activities—totaling up to \$600 in savings next year.

Health Assessment

Conducted annually, this quick assessment delivers a personalized snapshot of your current health—along with clear, actionable steps to help you thrive on your journey to better well-being.

Annual Physical - What Qualifies?

- Annual Physical*
- Well Woman physical
- Naturopathic Practitioner
- Concierge Care
- Received another physical exam? Please email wellness@adt.com to learn what qualifies.

How will I get credit for completing my physical?

If you are on a Credence Blue Cross and Blue Shield or Surest medical plan, your Annual Physical* completion will be reported and processed through insurance then automatically uploaded to the portal. Please note that this could take up to six weeks to show on your Rewards page.

Not on a Credence or Surest plan?

That's OK! You can still receive credit for your Annual Physical and/or get a jump start on upcoming plan changes. Just download the [Annual Physical Verification Form](#) from the portal. After your appointment, sign, date and fax the completed form to WebMD at (371) 810-8725 or submit the form at: support.webmdhealthservices.com no later than July 31, 2026, to receive the Well-Being Discount in 2027. Incomplete forms will not be processed.

Important Timeframes

Activity	2027 Credence or Surest Well-Being Discount	2026 Healthy Rewards Cash
Health Assessment	1/1/2026 - 7/31/2026	1/1/2026 - 11/30/2026
Annual Physical (in-person or virtual) with your Primary Care Physician (PCP)	8/1/2025 - 7/31/2026	12/1/2025 - 11/30/2026

Employees and spouses/domestic partners enrolled in a Credence Blue Cross and Blue Shield or Surest medical plan must EACH register a new account to login OR login to an existing account on Horizon.ADT.com or visit ADTwellbeing.com to access the ADT Balance program.

*In person or virtually, if supported by your primary care provider.

